Graduate Student Researcher Positions Physical, Environmental, and Mental Demands of the Position

The intent of this form is to provide a description of the physical, environmental, and mental demands on a graduate student researcher (GSR) so that a medical provider can assess the need for a medical leave or accommodation.

When a GSR requests a medical leave or accommodation, Departments/Units should complete this form and provide it to the GSR. For leave requests, the GSR should give the completed form to their medical provider along with the Certification of Health Care Provider for Employee's Serious Health Condition for the medical provider to sign. For accommodation requests, the GSR should give the completed form to their medical provider with the Work Status Form (which can be found <u>here</u>). <u>Disability Management Services</u> staff can assist students and departments as needed to enact the interactive process for workplace accommodation.

GSR: _____ Department/Unit: _____

The demands of GSR positions are varied. GSRs in these positions are engaged in the generation of original research or creative work.

The nature of the research/creative work is quite varied. Please check the type of research that best applies.

Main type of research (check all that apply)

- □ Research in libraries or archives to generate a dissertation or article
- □ Research in a science or engineering laboratory
- □ Research in the environment or site of excavation (outdoors)
- □ Research involving data collections involving interactions such as interviews or focus groups
- □ Research in a clinical/medical setting
- □ Theoretical work
- □ Creative work

Check all that apply from the list of physical, environmental, and mental demands. In addition, specify any additional demands that are not listed.

Physical demands (check all that apply throughout a calendar year)

- □ Sitting for more than 1 hour at a time
- □ Standing for more than 1 hour at a time
- □ Walking for more than 1 hour at a time
- □ Repetitive hand motion such as typing, writing, drawing
- □ Fine motor control
- □ Twisting and bending of the neck
- □ Lifting/bending/squatting
- □ Carrying books to and from library
- D Potential need to hike long distances or up an incline
- Frequent local travel during work hours (in a car/bus/train)

- □ Frequent air travel (2 or more times per month)
- □ Performance on a stage
- □ Other (please specify)

Environmental demands (check all that apply)

- □ Exposure to dust/gas/fumes
- □ Protective equipment required (gloves, lab coat, eyewear, etc.)
- D Potential exposure to harmful chemicals
- D Potential exposure to infectious diseases
- D Potential exposure to extreme heat or cold for 2+ hours at a time
- □ Other (please specify)

Mental demands (check all that apply)

D Mental capacity to plan budget, work assignments, and schedule for long term projects

□ Must prepare materials to meet a specific major upcoming deadline (e.g., filing of a dissertation)

- □ Track and remember to meet regular small task deadlines on a daily basis
- □ Manage collaborative projects with disparate groups from local to global level
- Must apply abstract principles to solve complex issues
- □ Must use known concepts to propose novel concepts/theories
- D Performs a wide range of tasks with little predictability of their occurrence
- □ Ability to regularly change focus among several priorities
- Communicate orally in small interactive group settings (12 or fewer individuals)
- □ Communicate orally in front of large groups (50+ to 1000+ individuals)
- □ Must concentrate on complex writing tasks for 2+ hours per day
- □ Other (please specify)

PI/Supervisor:

printed name

Date:

signature